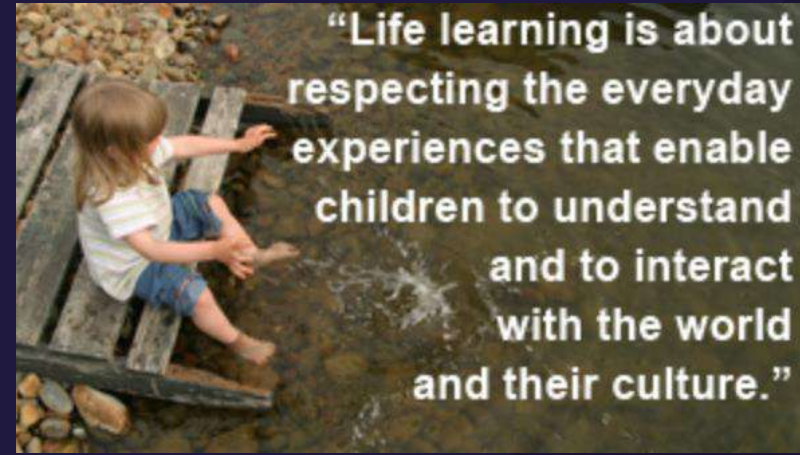
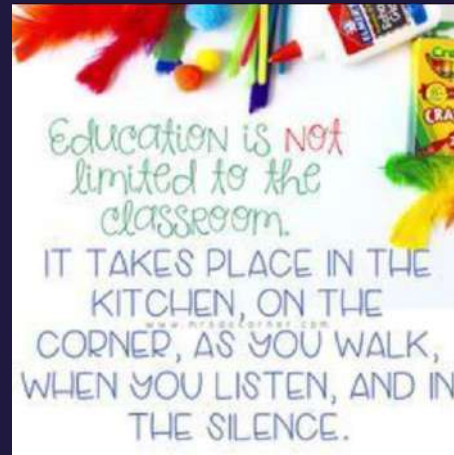
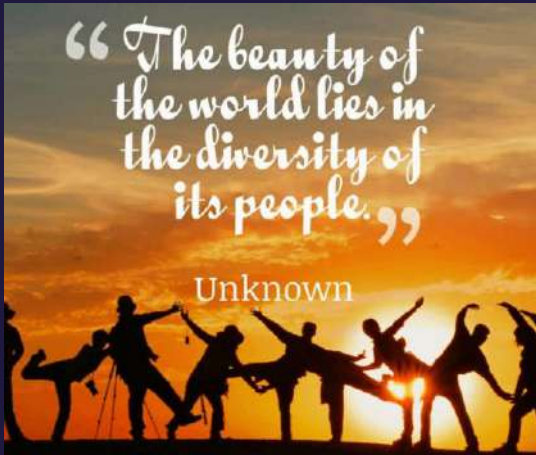




Personal Development Portfolio



This document is a work in progress and currently being developed further.



Personal Development overview:

Intent

At The Mease our Curriculum model, based on Tom Sherrington's tree analogy, identifies 'establishing the conditions' as the starting point to all we do. Personal development underpins all aspects of school life as we aim to develop well-rounded pupils who develop socially, morally, spiritually and culturally and have opportunities to explore and develop their own values, whilst recognising that those of others may differ.

The Mease is a safe and nurturing environment that supports children to feel confident to express and reflect on their views, and the views of others. Our Personal Development offer at The Mease, which includes our PSHE and RE curriculum, will ensure that all children are equipped with the necessary skills to become successful members of our community.

Our REFLECT ethos can be clearly seen in every aspect of school life and are an essential ingredient in our school success. This works in collaboration with our Growth Mindset Model which helps develop children's resilience, self-esteem, confidence, determination and their thirst for challenge.

Our nurture team, in cohesion with the teaching staff, target children with specific social, emotional or mental health needs through lunch-time interventions, friendships groups and resilience sessions to encourage them to develop their resilience and healthy minds. Pupils are given the opportunity to be involved with the direction of the school's ethos through the School Council, REFLECT leaders and Eco Schools.

The school regularly takes part in whole school themed days/weeks such as REFLECT days, Environmental Days, World Mental Health Week and much more. Our curriculum includes development of pupils' understanding of religious education, citizenship, equality and diversity, healthy living, British Values, career guidance and preparing our pupils for their next stage.





Curriculum overview:

Implementation

SMSC plays a significant part in children's ability to learn and achieve. We therefore aim to provide an education that provides pupils with opportunities to explore and develop. Our staff model the importance of being a reflective citizen and excellent SMSC values are threaded through our school ethos and daily life. Through daily discussions, careful planning of vocabulary and questioning, children have the opportunity to explore values and beliefs and the ways in which they impact on people's lives.

British Values are weaved into daily life and throughout the curriculum. For example, opportunities to demonstrate how democracy works is present through all subjects by valuing children's view and ensuring that all pupils within the school have a voice that is listened to. Democracy is further explored through school council and fair voting processes in school.

SMSC is taught through timetabled lessons, is threaded throughout the wider curriculum and through personal development themed days. As well as weekly Picture News assemblies and REFLECT assemblies, we have weekly Personal, Social and Health Education lessons (following the PSHE Jigsaw scheme). Sex and Relationships Education is included in Healthy Living and is taught in an age-appropriate manner. The curriculum is further enhanced with visits and visitors and we also make the most of our wonderful surroundings, for example, our half termly whole school Forest Walks.

From Reception to Year 6, pupils are encouraged to grow their personal development skills through the completion of our Mease Passport, which are a fundamental part of our personal development curriculum. This creates a deepened understanding of pupils' responsibilities as citizens and enables opportunities to demonstrate and reflect upon their own personal development.

Beyond the curriculum, there is a wide range of extra-curricular clubs, opportunities to play a musical instrument and much more!





Curriculum overview:

Impact

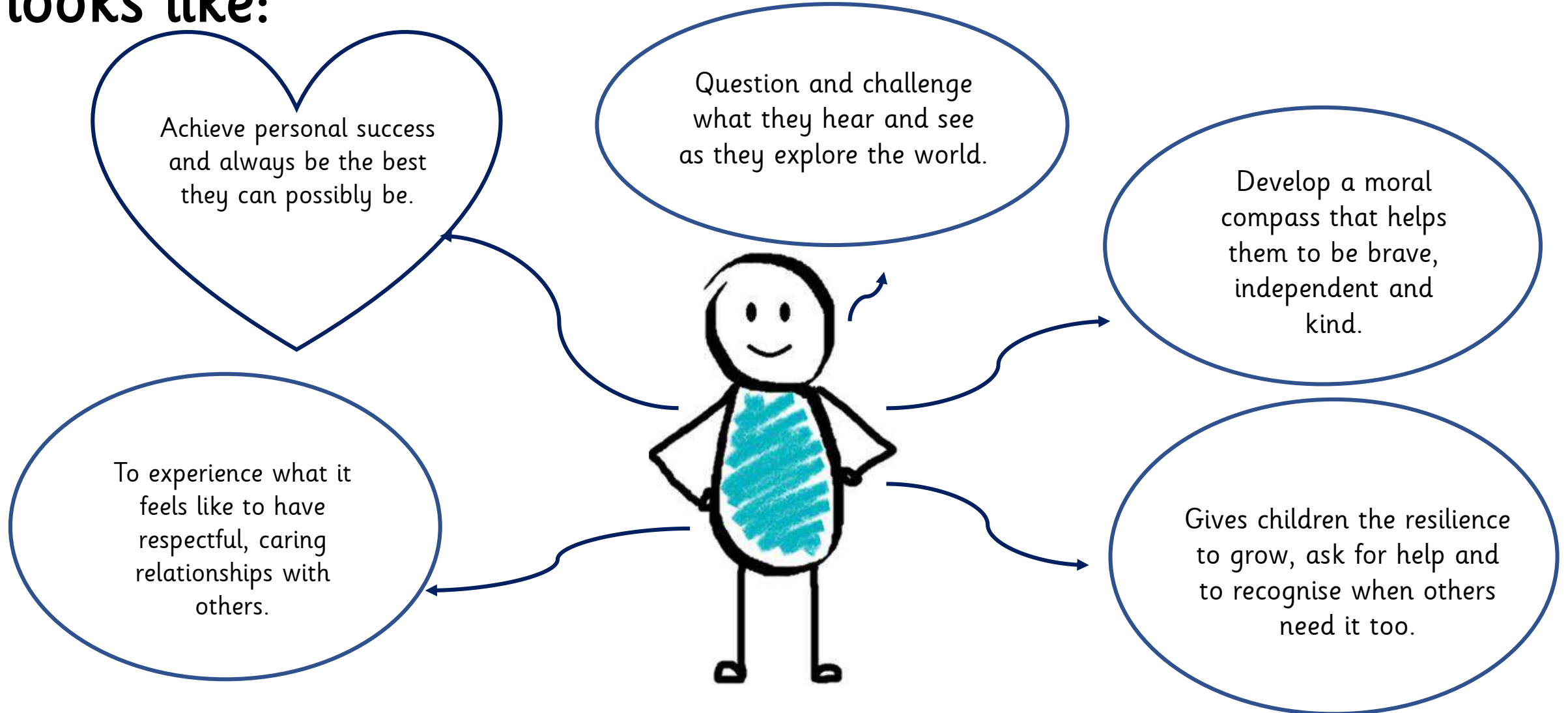
Through consistent and high quality teaching of SMSC our children will:

- Be thoughtful and children that grown into considerate moral adults that are self-reliant and resilient, leading healthy and happy lives.
- Be self-motivated, independent and resilient by developing inquiry based skills that allow them to make mistakes and learn from them.
- Through deeper learning a reflection of others and different lives we know that our children will grow to seize opportunities beyond their perceived horizons.
- The Mease children will feel that their views are valued.
- Be confident to reflect and challenge previously held views.
- Have high level of self-esteem and self-confidence.
- Distinguish right from wrong, accept responsibility for their behaviour, show initiative
- Understand how they can contribute positively to the lives of those living and working in the locality of the school and to society more widely.
- Enable students to acquire a broad general knowledge of and respect for public institutions and services in England.
- Respect for other people and different cultural traditions by enabling students to acquire an appreciation of and respect for their own and other cultures.





What a successful Personal Development programme looks like:





SMSC & Global citizenship:

	<u>Spiritual development</u>	<u>Moral development</u>	<u>Social development</u>	<u>Cultural development</u>
Examples of SMSC in Personal Development	- Multi faith RE Curriculum - Whole school assemblies and school values linked to different faiths - Residential visits - Harvest festival - Nurture support - Singing assemblies - Opportunities to reflect on their experiences during REFLECT days - Visits to places of worship (Sikh temple, Mosque, Church) - Well being box in library/classroom - Reflection opportunities throughout the curriculum - Restorative approach to behaviour - Behaviour for learning - Forest school/outdoor learning - Yogabugs	- RE Curriculum - Eco council - REFLECT leaders - Values, school rules, learning behaviours - Environment Day - Mock elections for School Council - Communication leaders/buddy bench - Circle Time - Anti- Bullying week - Whole school assemblies linked to school values - Pupil voice - Singing in the local community (visit to local care home) - Charity links (Padley Centre, Children in Need, Comic Relief) - PSHE Curriculum - After school clubs - School rules/Vision - Kindness Ambassadors - Celebration assembly	- Variety of pupil groups (school council ,eco council, REFLECT leaders) - After school clubs such as Dance, Football (including girls only), arts & crafts, cookery - Lunch time clubs such as games club, construction club, colouring, balance bikes, dance) - School visits - Transition week programme in places for each year group - Charity support, .e.g. Children In Need & Comic Relief - Residential visits - School productions - Sports Day - PTFA events to develop community spirit eg: Easter Bingo, Measey Fest - Aspiration whole school project, eg, arts week - Visitors to assemblies	- Arts Week/Art exhibition - Music lessons delivered by Derbyshire Music Partnership - Theatre visits - Trips, eg, local museum - Opportunities to take part in school productions/performance - Anti-Bullying week - Visits from people from different cultures - French curriculum (KS2) - Sports Days - Opportunities for individual instrument lessons



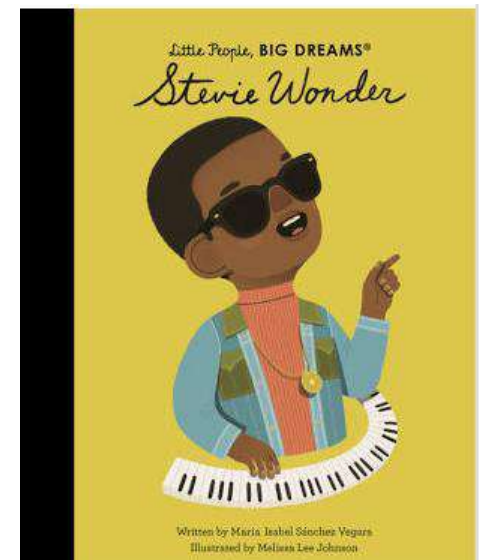
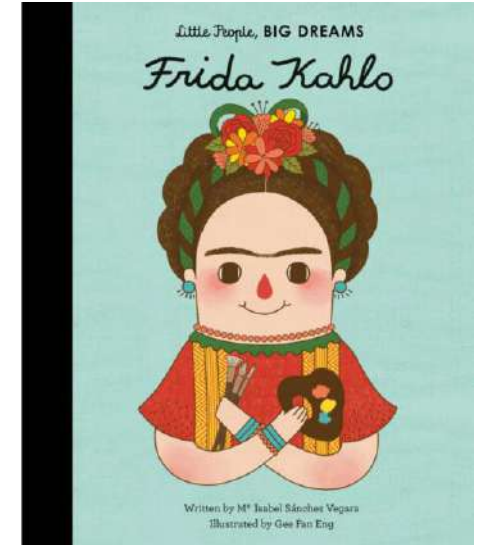
Equality and Diversity (including BV):

As a school and as part of Spencer Academies Trust we are committed to the promotion of equality, diversity and inclusion for all. These principles are crucial in supporting our culture and school values; they are also integral to delivering successful learning, teaching and personal development.

At the heart of all we do, is an ambition to embed the principles of equality, diversity, and inclusion in our culture. This requires a commitment from everyone to take responsibility; to embrace these principles and apply them in our daily activities as a community.

Best practice in this area means covering issues across our community in a holistic manner, as well as addressing the specific needs of distinct groups of children and adults. We believe that this will also bring renewed focus to our work in promoting wellbeing, supporting good mental health, and tackling the factors that undermine equality, diversity, and inclusion.

All of this works towards ensuring that everyone within our diverse community feels equally able to achieve their absolute best.





Supporting children with SEND

Our personal development curriculum is ambitious, broad and balanced for all pupils including those with SEND and/or disabilities. Activities are chosen carefully to ensure they are fully inclusive in line with our Inclusion and Diversity policy.

Lessons and experiences are adapted to suit the needs of children with SEND, for example, one to one opportunities for children with SEND to participate in peripatetic music lessons.

We encourage all children to develop holistically and provide opportunities for children to develop in all areas to thrive and become successful. We have a small group named Forest Friends that focus on developing children's social, moral, emotional and life skills to become independent, happy and confident individuals.





Examples of Personal Development – Pupil Leadership



Our Eco Warriors and Mease Council ensure they listen to everyone's ideas!



Our REFLECT leaders love taking responsibility for various aspects of school life.



Celebrating our Kindness Ambassadors.



Children enjoy taking a lead in assemblies.



Examples of Personal Development – enhanced curriculum experiences



We enjoyed working with a local artist to create a piece of artwork for our exhibition.

Our Balanceability lessons are great fun!



We all look forward to our half termly whole school Forest Walk. We're so lucky to have the woodland on our doorstep! We enjoy regular Forest School lessons too!



During Coding Week, we loved having a go with the robotic arms!





Examples of our Personal Development - clubs



We are proud to have a range of extra curricular before/after school clubs, in addition to our free lunchtime clubs. These include a variety of sports clubs, music, choir, arts and crafts, cookery and more.





Examples of our Personal Development - competitions

The Measey Movers!



Sports Day!



Orienteering competition with other SAT schools



Our football team and Gymnastics team!



The Measey has Talent!



Examples of our Personal Development – visits and visitors



Visitors help us with our learning

The Hilton Gardening Club put on a great competition!



We all enjoy a performance!



Trips to enhance our curriculum





Examples of our Personal Development – thinking of others



Remembrance Day



Raising money for others



Planting sunflowers for the people of Ukraine



Our Harvest food was donated to the Padley Centre.





Examples of our Personal Development – for fun!

R



Eyes down for
Easter Bingo!



We love a themed
disco at The
Mease!

E



Our Fireworks Display has
turned into a great community
event!



Measey Fest for
family and friends!

F





What do pupils say?



I really like the soccer stars because I love football. I love Sports Day too.



I represented The Mease football team in a competition. The other teams were quite confident but got past the tricky defenders and we scored lots of goals. We even did some long range shots. We were so proud to win the competition.



We really enjoy the PTFA events – Measey Fest was so much fun and we love the discos too.



We have a girls only football club! It is lots of fun and I love it when we do a mini match.



We make food at cookery club and take it home to cook. I like weighing things out and mixing.

I am an Eco Warrior and we take care of the environment. We make sure that there's no rubbish outside. Sometimes we talk to all the children in assembly about taking care of the environment.



I like being a Mease Councillor because I get to work with all the children to find ways to make school even better for them!



I go to gymnastics and Street Dance. I like learning dances and stretches and they are lots of fun.





How could I support my child at home?

Talk to your child about the range of clubs at school. Encourage them to participate in one or two!

Encourage children to develop hobbies and interests – they don't all cost money! Trips to the park, walks in our woodland area, helping in the kitchen are all great ways to support your child's development.

Maybe you could investigate the local guiding or scouting groups or other groups in your local area.

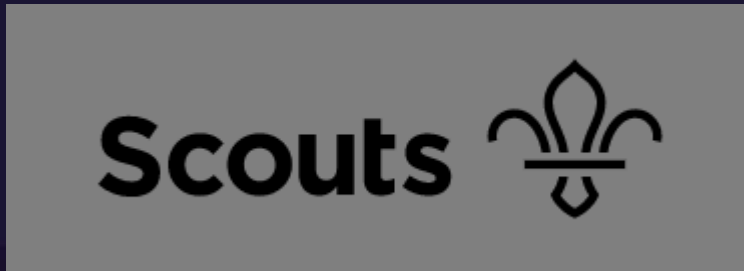
Useful websites and Apps:



<https://clubhubuk.co.uk/area/derby/>



<https://www.youtube.com/user/cosmickidsyoga>



<https://www.scouts.org.uk/groups/>



<https://yogabugsvirtual.com/login/?type=school>



<https://www.girlguiding.org.uk/get-involved/find-your-nearest-unit/>